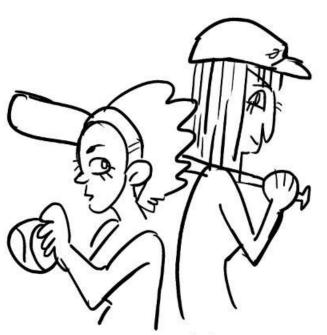
# DEDUNKING MYTHS ON TRANSGENDER ATHLETES



created by ovaettr (2023)

# a quick 101

= people who identify as a gender that is different than the one they were assigned at birth

#### cisgender

people who identify
 with the gender
 they were
 assigned at birth

Even if you do not understand someone's gender or lack thereof Trans & nonbinary people are who they say they are. Many myths, lies, and misinfo spreads rapidly about trans athletes and their inclusion in sports - specifically WOMEN'S SPORTS.

Today we will <u>DEBUNK</u> the top 3 MYTHS believed about transgender athletes.

If you learn something today from this zine, please share it with someone you know & start a conversation.



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"They have an unfair advantage"

#### REALITY:

Biological diversity exists in every demographic. There is no advantage that trans girls have that is anything greater than what is possible within any ordinary group.

When men exhibit

biological differences,
it is often celebrated in
sports communities.
When women (cis or trans)
exhibit these differences, they are
often questioned if they even ARE
women at all in racist, sexist,
misogynistic & transphobic ways.

(Examples: Caster Semenya,

Serena & Venus Williams)

### **EVERY SPORT** requires different anatomy & talents for success

#### WE SHOULD CELEBRATE DIVERSITY

instead of focusing on relative notions of "fairness"

#### **TESTOSTERONE**

Higher levels of T are associated with better performance in only a VERY SMALL number of athletic disciplines. 400 Meters, 800 Meters, Hammer Throw, Polevault.

At the high school level, trans youth delay their puberty using puberty blockers.

The "advantage" myth becomes moot..

When ready, trans athletes will take gender affirming hormones & for trans feminine athletes that will reduce muscle mass, reduce red blood cells, reduce speed & endurance.

There is no "advantage."

SOURCE: Dr. Eric Vilain (NPR interview)

(https://n.pr/3s5c5dQ)

#### अधिप्रिक्ष

"We're protecting girls in sports"

#### REALITY:

It's not about protecting anyone. If you try to exclude transgender girls, you have to find out who is trans or not. The following tests have been proposed or passed by Republican led legislatures:

-Gender Verification Tests

Genital Inspections

→ bit.ly/OhioHB61

→ bit.ly/FL-HB1475 c

- Tracking Girl's Periods

These bans define a specific mold of "how a woman should be"

At what point is a girl too tall to be considered a girl or her skills too good?

This fascist policing will destroy the women's division of sports, not the inclusion of trans people.

#### MYTH 8

"We have to level the playing field"

#### **REALITY:**

Most people falsely believe that excluding trans women from women's sports is feminist & is the "right thing to do" when it isn't

Most people who complain about "fairness in women's sports"

do not watch or support

women's sports.

#### Things That ACTUALLY

#### **Threaten Women's Sports:**

- The Pay Gap between women/men
- Sexual Assault of women athletes
- Genital Inspections/Testosterone Testing

#### Things That DON'T Threaten Women's Sports:

- Inclusion of Transgender Women & Girls

## THOO REAL TOURS

People in power (like Greg Abbott) are FEAR-MONGERING and using propaganda to sway people who care about sports, feminism, women, fairness & equality...they think they can sway you easily & you might think you are doing "good"...

THIS DOESN'T PROTECT WOMEN IT HARMS ALL WOMEN, TRANS & CIS!

#### REMEMBER THE FOLLOWING:

TRANS ATHLETES ARE REAL PEOPLE
Trans kids are real kids
Trans people have emotions, hopes & dreams
Stop the dehumanization
Stop hatred & bigotry
Stop the anti-trans genocide
TRANS LIBERATION NOW & FOREVER!